



Karen Sullivan, LCSW

### Adult Client Information Form

Today's date: \_\_\_\_\_

#### A. Client's Information

Your name: \_\_\_\_\_ Date of birth: \_\_\_\_\_ Age: \_\_\_\_ Gender: \_\_\_\_  
 Nicknames or aliases: \_\_\_\_\_ Social Security #: \_\_\_\_\_  
 Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_ Highest Level of Education: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 \*Email: \_\_\_\_\_  
 Calls will be discreet, but please indicate any restrictions: \_\_\_\_\_  
 \_\_\_\_\_

Numbers	Voice Mail Ok?	Text Ok?
Home:		
Cell:		
Work:		

#### B. Appointment Reminders

How would you like to be reminded of appointments? Choose one or both.

Text: \_\_\_\_\_ \*Email: \_\_\_\_\_

#### C. Referral

Who referred you to my office?

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

May I have your permission to thank this person for the referral? \_\_\_ Yes \_\_\_ No

How did this person explain how I might be of help to you? \_\_\_\_\_  
 \_\_\_\_\_

#### D. Your medical care

Clinic/doctor's name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

If you enter treatment with me for therapy, may I tell your medical doctor so that he/she can be fully informed and we can coordinate your treatment? \_\_\_ Yes \_\_\_ No

In the event of an emergency, may I contact your medical doctor and disclose necessary information so that he/ she can be fully informed and we can coordinate your treatment? \_\_\_ Yes \_\_\_ No

\* Karen Sullivan cannot guarantee the privacy of communication via email. By placing your email in the blanks above, you acknowledge the limitations of privacy and agree that Karen Sullivan may use email to correspond with you.

**E. Marital History**

Are you: Single \_\_\_\_\_ Married \_\_\_\_\_ Divorced \_\_\_\_\_ Widowed \_\_\_\_\_ Never Married \_\_\_\_\_

If you are married, how long have you been married? \_\_\_\_\_

If you are divorced, give the month and year that your divorce was granted \_\_\_\_\_

If you are remarried following divorce/death of spouse, give the date of the marriage \_\_\_\_\_

Are you currently separated from your spouse? \_\_\_\_\_ Yes \_\_\_\_\_ No

Are you contemplating separation or divorce? \_\_\_\_\_ Yes \_\_\_\_\_ No

Do you have children? \_\_\_\_\_ Yes \_\_\_\_\_ No

If so, please list their names and ages: \_\_\_\_\_

**F. Family Members (list those living in home with you)**

Name	Age	Sex	Grade	Relationship to You
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

**G. People with significant relationships to you (list those NOT living in the home with you)**

Name	Relationship to You
_____	_____
_____	_____
_____	_____

**H. Stressors in the past year**

- Death of family member or significant other
- Family fighting or conflict
- Marital problems, divorce or separation
- Involvement with police or court system
- Change in financial status, more or less income
- Other significant events: \_\_\_\_\_
- Serious illness or injury
- Move to new home
- Change in job
- Move to new home
- Childrearing problems

**I. Family Mental Health History**

Have any family members (immediate or extended) struggled with the following?

- Depression
- Bipolar
- Autism
- Anxiety
- Substance abuse
- Abuse/neglect
- Domestic violence
- Suicide or attempts
- Eating disorders
- Incarceration
- Obsessive-Compulsive Disorder
- Schizophrenia

**J. Medications**

Name of Medication?	Dosage/Mg?	Frequency?
_____	_____	_____
_____	_____	_____
_____	_____	_____

**K. Any problems or concerns about your medications?**  Yes  No

(If yes have you talked to the prescribing physician? \_\_\_\_\_)

**L. Emergency Contacts:**

List the name(s) of the person(s) who may be contacted by this office in the event of an emergency. Please be aware that the person(s) listed may receive information in an emergency situation that would otherwise be confidential by law. By listing the name(s) below, you give this office permission to contact the person(s) listed

and provide necessary information about you in the event of an emergency.

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**M. Chief Concern(s):** Please describe the main difficulty that has brought you to see me:

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**N. Goal for Therapy**

What are your goals for therapy or what changes would you like to see?

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**O. Current Symptoms**

Check any areas in which you are having problems:

Abuse	Loneliness
Aggression/violence	Low frustration tolerance
Alcohol use	Memory problems
Anger/irritability	Mood swings
Anxiety	Motivation
Attention/concentration	Oversensitivity
Career concerns	Pain, chronic
Childhood issues	Panic or anxiety attacks
Compulsions/obsessions	Parenting, child management
Decision-making	Perfectionism
Depression	Pessimism
Drug use	Procrastination
Eating issues	Relationship problems
Failure	Self-centeredness
Fears/phobias	Self-esteem
Financial problems	Self-care
Friendships	Sexual issues
Gambling	Sleep problems
Grieving/deaths/losses	Smoking
Guilt	Spiritual, religious, ethical issues
Headaches	Stress management
Health concerns	Suspiciousness
Impulsiveness	Suicidal thoughts/self-harm
Irresponsibility	Thought disorganization
Judgment/risk taking	Withdrawal, isolation
Legal matters	Work problems

**P. Have you ever received counseling services before?**  No  Yes. If yes,

When? With Whom? For What? With What results?

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**Q. Trauma History?**

I was not abused in any way.  I was abused (sexual, physical, emotional, neglect) If you were abused:

Age of Abuse Who did it? Whom did you tell? Consequences of telling?

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\_\_ I have had significant losses. Explain circumstances: \_\_\_\_\_

\_\_ I have experienced natural disasters. Explain circumstances: \_\_\_\_\_

\_\_ I have been exposed to violence. Explain circumstances: \_\_\_\_\_

**R. Health**

List all illnesses, hospitalizations, medications, allergies, head trauma, important accidents and injuries, surgeries, periods of loss of consciousness, convulsions/seizures, and other medical conditions.

Condition	Age	Treated by whom?	Consequences?
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

**S. Residences**

Outside your home? (Examples would be Foster Care, Residential Placement, etc) \_\_\_ **No** \_\_\_ **Yes** (If yes please complete below):

From	To	Location	Reason for moving	With whom	Any problems?
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

**T. Education**

Schools attended (Name and location)	Degree/Level Completed	Date Completed
_____	_____	_____
_____	_____	_____
_____	_____	_____